

# Castlefields School Lunch Menu (Page 1 of 2)

-  Added Plant Power
-  Vegan
-  Wholemeal









		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 6 <sup>th</sup> Sept 26 <sup>th</sup> Sept 17 <sup>th</sup> Oct	<b>Red Option</b>	Tomato & Vegetable Pasta	Fish in Batter with Potato Wedges	Roast Beef with Stuffing, Roast Potato and Gravy	Chinese Chicken Curry with Rice	Pepperoni Pizza and Chips
	<b>Green Option</b>	Spanish Omelette With New Potatoes	Vegan Mexican Roll with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Sweet & Sour Noodles	Margarita Pizza and Pasta
	<b>Purple Option</b>	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	<b>Vegetables</b>	Cucumber Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Bean Carrots	Baked Beans, Mixed Salads
	<b>Yellow Option</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	<b>Orange Option</b>	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	<b>Blue Option</b>			Hot Beef Baguette		
	<b>Dessert Selection</b>	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Yoghurt and Fresh Fruit Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
Week Two 12 <sup>th</sup> Sept 3 <sup>rd</sup> Oct	<b>Red Option</b>	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Fishfingers or Salmon Fishfingers with Potato Wedges & Tomato Sauce	Pepperoni Pizza With Chips
	<b>Green Option</b>	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing & Gravy	Cheese & Bean Pasty with Potato Wedges	Margarita Pizza and Chips
	<b>Purple Option</b>	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	<b>Vegetables</b>	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Peas Carrots	Broccoli Sweetcorn	Baked Beans Peas
	<b>Yellow Option</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	<b>Orange Option</b>	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	<b>Blue Option</b>			Hot Chicken Baguette		
	<b>Dessert Selection</b>	Apple & Berry Crumble With Ice Cream	Lemon Drizzle Cake	Fresh Fruit and Yoghurt Station	Chocolate Shortbread, Yoghurt or Fruit	Apple, Cheese & Crackers

**Or a choice of Yoghurt & Fresh Fruit Available Daily**

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

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Week Three  10 <sup>th</sup> Oct	<b>Red Option</b>	Falafel with Lemon & Herb Couscous	Fish in Batter with Potato Wedges	Roast Turkey, Roast Potatoes & Gravy	Chicken Fajitas with Rice	Pepperoni Pizza with Chips
	<b>Green Option</b>	Cheese & Red Pepper Frittata with Couscous 	Vegetarian Sausage with Potato Wedges 	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy 	Vegetable Enchiladas with Rice 	Margarita Pizza with Chips 
	<b>Purple Option</b>	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	<b>Vegetables</b>	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
	<b>Yellow Option</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	<b>Orange Option</b>	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	<b>Blue Option</b>			Hot Turkey Baguette		
	<b>Dessert</b>	Lemon & Mixed Berry Cake 	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard 	Chocolate Shortbread 
<b><u>Or a choice of Yoghurt &amp; Fresh Fruit Available Daily</u></b>						