

Central Autumn
Winter Menu 2024
2025

WEEK ONE

04/11/24
25/11/24
16/12/24
20/01/24
10/02/24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Red	NEW Tomato & Vegetable Pasta	Cottage Pie with Gravy	CHICKEN SHACK Peri Peri or BBQ or Quorn with Diced Seasoned Potatoes, Sweetcorn Salsa	Meatballs in Tomato Sauce with Rice	Fishfingers (RED) or Salmon (BLUE) with Chips & Tomato Sauce
Green	Mexican Fajitas with Rice	NEW Creamy Chickpea and Coconut Curry with Rice	Vegetables of the Day	NEW Cheese and Broccoli Pasta with Garlic Bread	Mexican Bean Roll with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Apple and Blackberry Crumble with Custard	Melting Moment Biscuit	Fruit Platter	Carrot and Courgette Cake	Chocolate Orange Cookie

WEEK TWO

11/11/24
02/12/24
06/01/24
27/01/24

Red	Classic Cheese and Tomato Pizza	NEW Chicken Pasta Bake with Garlic Bread	Sausage and Mash with Gravy	Chicken Tikka Masala with Rice	NEW Tuna Pasta Bake (BLUE) or Fishfingers (RED) with Chips & Tomato Sauce
Green	Rainbow Pizza With Potato Wedges	Chinese Vegetable Curry with Rice	Vegan Sausage and Mash with Gravy	NEW Mild Mexican Chili with Rice	Cheese and Tomato Quiche with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Marble Sponge Cake with Custard	Jelly with Mandarins	Fruit Medley	Peach Cake	Oaty Cookie

WEEK THREE

18/11/24
09/12/24
13/01/24
03/02/24

Red	Macaroni Cheese	NEW Mild Caribbean Chicken with Rice and Peas	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Spaghetti Bolognese	Breaded Fish with Chips & Tomato Sauce
Green	Plant Balls in Tomato Sauce with Rice	NEW Caribbean Butterbean Stew with Rice and Peas	Cottage Pie with Gravy	NEW Hot Pot Baked Bean Casserole with Rice	Cheese and Pepper Omelette with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Chocolate and Beetroot Brownie	Sticky Toffee Apple Crumble with Custard	Fruit Salad	NEW Savoury Cheese Scone	Vanilla Shortbread

MENU KEY

Added Plant Power Wholemeal Vegan

Available Daily: Purple Freshly cooked jacket potato with a choice of fillings Yellow Cheese Sandwich Orange Ham Sandwich Sandwich. Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.