

# **Castlefields Primary School Physical Education Statement**

## **Intent**

The 2014 National Curriculum for Physical Education aims to ensure that all children:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

At Castlefields Primary School, we have an ambitious Physical Education Curriculum that inspires all children to succeed and excel in competitive sport and other physically demanding activities. We ensure that the Physical Education Curriculum is fully inclusive to every child regardless of their physical or learning needs. The curriculum provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Through the varied opportunities offered to pupils, staff can help children to build their character and embed the values of fairness and respect.

## **Implementation**

Fundamental to the implementation of our Physical Education curriculum is an insistence of high standards of learning, respect and fairness.

## **EYFS**

In Early Years, Physical Development is one of the Prime Areas of learning and is broken down into:

Moving and Handling

Health and Self-Care

Children in Early Years are encouraged in their Physical Activity in all areas of the Early Years curriculum.

## **Key stage 1 Physical Education teaching is organised in a way where children can:**

- explore fundamental movement skills
- become increasingly competent and confident with their physical movement
- access a broad range of opportunities to extend their agility
- access a broad range of opportunities to extend their balance and co-ordination both individually and with others
- engage in competitive physical activities against themselves e.g. Personal best and with others
- engage in co-operative physical activities in a range of increasingly challenging situations

## **Key Stage 2 Physical Education is organised in a way where children can:**

- Apply a broad range of skills e.g. in outdoor and adventurous activities both individually and in a team situation
- Learn how to use these skills in different ways e.g. through playing competitive games (modified where appropriate) such as basketball, cricket, football, hockey, netball, rounders and tennis and apply the basic principles of attacking and defending
- Learn how to link the skills to make actions and sequences of movement e.g. through dance, athletics or gymnastics to develop flexibility, strength, technique, control and balance
- Enjoy communicating, collaborating and competing with each other
- Develop an understanding of how to improve in different physical activities and sports by comparing performance with previous ones and demonstrating improvement to achieve their own personal best
- Learn how to evaluate and recognise their own success

## **Swimming and Water Safety in Key Stage 2**

Castlefields pledges that all pupils in Key Stage 2 will be provided with swimming instruction for at least a term. When pupils are taught:

- To swim competently, confidently and proficiently over a distance of 25 metres.
- To use a range of strokes effectively e.g. front crawl, backstroke and breaststroke
- To perform safe self-rescue in different water-based situations

### **Impact**

The successful approach at Castlefields results in high quality, challenging and engaging Physical Education which enables pupils to develop a love of sport and a thirst for their own Personal Best. The quality of provision is monitored by the PE apprentice and the PE co-ordinator who annually track children's sporting achievements and feed this back to the Sports Partnership and into the Sainsbury Sports Kite Mark. For the past 3 years Castlefields have achieved their Gold Kite Mark.