



Castlefields Primary School, Castlefields, Bridgnorth, Shropshire WV16 5DQ

Phone: 01746 764072 Email: admin@castlefields.org.uk Website: www.castlefieldsprimary.co.uk

Head Teacher: Mrs R Lee

25th June 2021

Change to the Menu - Tuesday 6th and Thursday 8th July

There is a special Wimbledon Menu for Tuesday 6th July. Please see the end of this letter for more details.

On Thursday 8th July the children in Year 1 have chosen Sausage Roll and Wedges as their "Dish of the Day!"

Plastic Free July... Prevent Pointless Plastics

Please keep bringing your bird feeders into school. I look forward to finding out who the winners of the competition are.

Polite Parking Please

I have been asked to mention parking in Castlefields Road. I can imagine how the staggered starts and ends to the day must have impacted on our closest neighbours. Please can I remind you to be considerate when parking.

Safe Scooter Use

A number of parents and residents have contacted the school with concerns about the way some of our older children are using their scooters on the main road. Some children are not wearing helmets and are whizzing along roads unaware of traffic. I would not like to have to ban scooters, as the vast majority of children use them sensibly. However I am really concerned about this as it could lead to an accident. Please talk to your child about road safety, I hope to see safer scooting next week.

Queen's Platinum Jubilee

We have received notification that Wednesday 20th July is an additional non-pupil day in lieu of Queen's Platinum Jubilee on 3 June 2022. The children will therefore break up on Tuesday 19th July 2022.

Summer Reading Challenge

We had a lovely TEAMS assembly from the school library service this morning. This year, they are once again, running a Summer Reading Challenge. This will start on the 10th July and will run for the whole summer holiday. Children are being asked to read six library books and will then be presented with a certificate and a medal. More details to follow.

PTA

The PTA would like to thank you for the generous donations. Please remember to return any sold/unsold raffle tickets to the office.



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Shropshire BEAM are offering the following sessions to support you and your child. If you are interested, please email head@castlefields.org.uk for a link to the sessions that are taking place as TEAMS meetings.

<p>Mental Health & Emotional well-being in children & young people.</p>	<p>We will cover: Effective communication. Empathy V Sympathy. Overview of common emotional well-being topics such as anxiety, depression, self-harm, suicidal ideation and anger.</p>	<p>Wednesday 7th July 2021 12pm – 1.30pm</p>
<p>Sleepy Heads. 2 session workshop around sleep & common issues. <i>It is advisable to attend both sessions.</i></p>	<p>Session 1: Sleep stages. Sleep hygiene.</p> <p>Session 2: Tackling common issues around sleep including: Prolonged night-time awakenings. Bedtime refusal & resitance. Teen sleep.</p>	<p>Wednesday 21st July 2021 12pm-1.30pm</p> <p>Wednesday 4th August 2021 12pm-1.30pm</p>
<p>Managing anxious behaviours in young people.</p>	<p>We will cover: What anxiety is. Science of anxiety.</p>	<p>Wednesday 18th August 2021 12pm – 1.30pm</p>

Eat Well
For Less?

BBC One's

Eat Well For Less?

**is back on the hunt for households looking
to save on their food shop!**

Email:

eatwell@rdftellevision.com

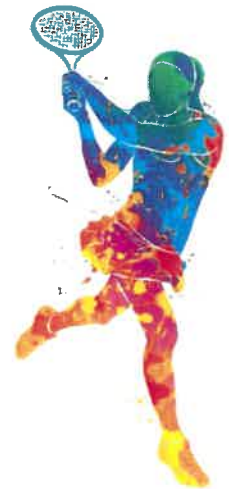
0117 9707632

**We are looking to represent the whole of the UK and will consider all
applications.**

**Any information you give us will be processed in accordance with our privacy notice, a
copy of which is available on request.**



Wimbledon 2021 Menu



Tennis Balls in Tomato Sauce
with Spaghetti

or

Andy Murray Curry (Cauliflower)
with Racket Rice

~

Centre Court Carrots
Backhand Broccoli

~

Aces Strawberry Jelly with Ice
Cream



caterlink
feeding the imagination





ESSP SUMMER ACTIVITY CLUBS

We aim to provide children from years 1-6 with fun, active days or a full week, that inspires them physically, mentally and socially to be the best they can be whilst respecting each other and the environment.

The club will run from : **July 26th -30th - 8.30-4pm.**

In the following schools:

Brockton Primary school

Shifnal Primary school

Oldbury Wells Secondary School.



Things you may do within the week

Team challenges, **building a den**, **laugh**,

flying eggs, **boat races**, **scavenger hunts**,

making new friends,

playing man hunt, **capture the flag**,

dodgeball, **get muddy**,

basketball, **tennis**, **improve self confidence**,

football, **orienteer-**

ing, **be enthusiastic** , **cricket**, **rounders**,

netball, **eat outdoors**, **have a red face**,

make a daisy chain, **drink**, **build bird**

feeders, **tri golf**, **cross country**, **ask to**

come back, **archery...and sleep well at night!**



DETAILS OF HOW TO BOOK AND COSTS WILL FOLLOW SOON.

All games /activities will be adapted for the ages and the children will be split into age groups and activities will be age appropriate.



Learn • Connect • Protect

Holiday Activities And Food Programme with EKO SUMMER HOLIDAYS 2021

9:30am – 1:30pm

Available to children in School Years 1-6

All sessions will take place at Weston Park where we have a dedicated Outdoor Learning site.



Tuesday 27th, Wednesday 28th, Thursday 29th & Friday 30th July 2021

Tuesday 3rd, Wednesday 4th, Thursday 5th & Friday 6th August 2021

Tuesday 17th, Wednesday 18th, Thursday 19th & Friday 20th August 2021

Tuesday 24th, Wednesday 25th, Thursday 26th & Friday 27th August 2021



Dear Parents/Carers,

The **Holiday Activities and Food Programme, (HAF)**, is a government initiative set up to provide support during the school holidays for families who have children eligible for **benefits related free school meals**. After our successful Easter programme, Educating Kids Outdoors (EKO), is delighted to be running a series of **HAF EKO Holiday Clubs** this summer holidays. All places are fully funded through the HAF scheme and will take place outdoors in the grounds of **Weston Park, TF11 8LE**.

For those of you new to EKO we are a charity that specialises in outdoor learning, primarily working with primary age children in and after school. During EKO sessions, children are encouraged to engage with and learn about their natural world in order to help themselves, others and the environment. We offer exciting and adventurous activities including fire lighting, den building, bug hunting, natural art, plant and animal ID as well as fun team games, challenges and learning about where our food comes from. Research shows that the social, emotional and physical benefits of outdoor learning are enormously beneficial to children's health and well-being, particularly after the challenges of the previous year.

Each EKO HAF session will be different but our activities will centre around healthy eating and looking at where our food comes from, and will follow a similar pattern of learning, exploring, creating and playing outdoors, ending with a nutritious lunch cooked with the children over our campfire. All sessions will take place outdoors and the children will need to wear weather appropriate outdoor clothing and sturdy footwear. If you need to borrow any kit, just let us know.

Book your child's **FREE** place via our website at: <https://www.ekolearning.org.uk/holiday-clubs/holiday-activities-and-food-programme-with-eko/> If you have any questions or concerns please email us at info@ekolearning.org.uk

Kind Regards,

Natasha Branston

Founder & EKO Leader



Monday

Event Dates: 26th July, 2nd August, 9th August,
16th August and 23rd August

Event Time: 10.30am – 12:00pm

At: Dogs Trust Shrewsbury
Roden Lane Farm, Telford Shropshire
TF6 6BP



Summer Fun for Families at Dogs Trust

FREE 90 minute workshop for children
aged 7-11 years old. Learn how to keep yourself and
dogs safe, happy and comfortable.



Places are limited to 20 people per workshop due to Covid restrictions. If possible, we would prefer only one adult per family so we can accommodate as many children as possible! Bookings will be taken on a first come, first served basis. Children remain the responsibility of the accompanying adult and must be supervised.

To reserve your place, please choose one of the event dates and email Alison or Bethan at:

alison.donald@dogstrust.org.uk or bethan.richardson@dogstrust.org.uk

Please note, no real dogs will be in attendance at this event.



learnwithdogstrust.org.uk



[dogstrusteducationteam](https://www.facebook.com/dogstrusteducationteam)



[DT_Educ](https://twitter.com/DT_Educ)

SHROPSHIRE ATHLETICS ASSOCIATION

23 Bridge Road
Alveley
Bridgnorth
Shropshire
WV15 6JN

01746 780079

To All Teachers

SHROPSHIRE COUNTY ATHLETICS CHAMPIONSHIPS

Please find enclosed a copy of the Entry forms and Provisional Timetable for this Years County Athletics Championship.

This competition is open to your **YEAR 4, 5 and 6** pupils.

You may not have received this invitation in the past. We are attempting to encourage as many youngsters as we can to come into Athletics and enjoy in the participation of what is an excellent day of competition in a healthy sport.

The local athletics clubs only enter a small number of U13's (years 6 and 7) into the competition. Please do not be frightened by the title of this meeting. In some events in these age group we have a very small number of entries of very mixed abilities. The Children are in discovery mode and are looking to learn how to compete and by selecting a variety of events they then identify for the future which event they enjoy.

The **Year 4 and 5**(under 11) competitions to provide increased competition for a group who otherwise would have very limited opportunity.

If you wish to discuss or seek further advice/information please contact me on the above number.

Feel free to make any additional copies you may require, and pass to relevant individuals whom you believe have the necessary entry qualification of birth or residence in Shropshire and who would love to participate and hopefully enjoy

We look forward to seeing members of your School at the forthcoming championships.

Yours in Sport

R. S. Eastman
Championship Secretary

SHROPSHIRE AA TRACK FIELD CHAMPIONSHIPS 2020

UNDER UKA RULES

SATURDAY 31st July 2021 AT OAKENGATES LEISURE CENTRE

Senior Men/Masters 100m, 200m, 400m, 800m, 1500m, 110mH, 400mH,

Men over 35 High Jump, Long Jump, Triple Jump,

Pole Vault, Shot, Discus, Hammer, Javelin,

4 x 100m Relay

Junior Men: As for Senior Men and Vets

Under 17 Men: As for Junior and Senior Men, but 100mH

Under 15 Boys: 100m, 200m, 300, 1500m, 80mH, High Jump,

Long Jump, Triple Jump, Pole Vault, Discus, Hammer,

Shot, 4 x 100m relay

Under 13 Boys: 100m, 200m, 1500m, 75mH, High Jump, Long Jump,

Shot, Discus, 4 x 100m Relay

Senior/Masters Women 100m, 200m, 400m, 800m, 1500m, 100mH, 400mH,

over 35 High Jump, Long Jump, Triple Jump, Pole Vault,

Shot, Discus, Hammer, Javelin, 4 x 100m Relay

Junior Women: As for Senior Women and vets

Under 17 Women: 100m, 200m, 300m, 800m, 1500m, 80mH, 300mH,

High Jump, Long Jump, Triple Jump, Pole Vault,

Shot, Discus, Hammer, Javelin, 4 x 100m Relay

Under 15 Girls: 100m, 200m, 300, 1500m, 75mH, High Jump, Long Jump,

Shot, Discus, Hammer, 4 x 100m Relay

Under 13 Girls: As for Under 15 Girls, except 70mH, No Hammer or 300mtrs

U11 boy and Girls 60 m, 150m, 600m, Long Jump, Howler

Thursday 5th Aug 2021 AT OAKENGATES LEISURE CENTRE

Masters/Sen, Jun under 17 Men and Under 15 Boys } 3000 mtr

Master/Senior/Junior and Under 17 Women U15 girls }

Under 13 / Under 15 Boys and Girls 800 mtr

Under 13 / Under 15 Boys and Girls Javelin

Athletes aged Under 13's (600 and 1 mile) and under 15's (600 and 3000 mtrs) are

not permitted to compete in more than one event between the above distances

on the same day. UKA Rule T3 (14.1) (1V) & (2 iv)

AGE GROUPS

Ages as at midnight 31 August/1 September 2021, except for Junior Men and Junior Women, who must be 17 and over at these dates, but under 20 on 31 December 2021

ENTRY FEES

Under 11, 13 and under 15 Boys and Girls £4.00 per event

Under 17's £5.00 per event

Juniors/Senior/Masters £6.00 per event

Relay Teams £12.00 per team

Please note - relay teams to be entered by clubs/schools,

individual entries will not be accepted

ALL ENTRIES CLOSE ON SATURDAY 17th July 2021

NO LATE ENTRIES WILL BE ACCEPTED

NO ENTRIES ACCEPTED WITHOUT FEE

NO BULK ENTRIES

ALL ENTRIES ARE NON REFUNDABLE

ENTRY CRITERIA BIRTH / 9 month RESIDENCE / or in RESIDENTIAL EDUCATION IN SHROPSHIRE

UKA Rule G2 (21) \$4 1 & \$6(x)

Entries to: Mr R. S. Eastman

23 Bridge Rd, Alveley, Bridgnorth WV15 6JN

Entries will not be acknowledged but see below re timetable

Under 11's, 13's, 15's, and 17's may only compete in 3 individual events on one day.

Junior Men and Junior Women may only compete in 5 individual events on one day

Athletes can compete in only one age group on the day

In all events except the high jump and pole vault, all U13 and under 15 competitors

are allowed 3 trials. In all other age groups, the competitors will be allowed 4 trials.

TIMETABLE

Please note that the enclosed timetable is provisional. If you require a copy

of the final timetable, please enclose a stamped addressed envelope with the

entry form.

SHROPSHIRE AA COUNTY CHAMPIONSHIP 31-7-2021 & 5-8-2021

ENTRY FORM

SURNAME

FORENAMES

ADDRESS

.....

.....

TEL No's

EMAIL ADDRESS

ATHLETICS CLUB/
SCHOOL

DATE OF BIRTH

TICK DATE

TICK AGE GROUP

- | | | |
|---|--|--|
| <input type="checkbox"/> 31 st July 2021 | <input type="checkbox"/> Master Men | <input type="checkbox"/> Masters Women |
| <input type="checkbox"/> 5 TH Aug 2021 | <input type="checkbox"/> Senior Men | <input type="checkbox"/> Senior Women |
| | <input type="checkbox"/> Junior Men | <input type="checkbox"/> Junior Women |
| | <input type="checkbox"/> Under 17 Men | <input type="checkbox"/> Under 17 Women |
| | <input type="checkbox"/> Under 15 boys | <input type="checkbox"/> Under 15 Girls |
| | <input type="checkbox"/> Under 13 Boys | <input type="checkbox"/> Under 13 Girls |
| | <input type="checkbox"/> Under 11 Boys | <input type="checkbox"/> Under 11 Girls |

EVENTS

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I enclose £..... as entry fee (cheques and postal orders made **Payable to Shropshire AA**) this is none refundable

I declare that I was born in the county of Shropshire and / or have been a bona fide resident of the county for 9 months prior to the Championships or am currently in residential education in a school/College in Shropshire.

Signed:

Date

Entries to: Mr R. S. Eastman 23 bridge Rd., Alveley, Bridgnorth, Shrops. WV15 6JN
By Latest 17th July 2021

Entry Fees:	Under 11 to Under 15 Boys and Girls	£4.00 per event	Max entry Fee £11.00
	Under 17 Men & Women	£5.00 per event	Max entry Fee £13.00
	Junior/Senior/Masters Men and Women	£6.00 per event	Max entry Fee £14.00
	Relay Teams	£12.00 per event	